



Welcome to Skyline Youth Cheer 2022 Season

Thank you for joining the SYFA Cheer Season. I look forward to having your cheerleader as a part of the squad. My name is Hailey Chamberlain, and I will be supporting as the VP of Cheer for SYFA. I have a lifetime of experience in Cheer and Dance, specializing in stunt and tumbling technique as a Competitive Collegiate Cheerleader, UCA Coach, professional NFL Cheerleader and now I currently have a Community Based Youth Cheer program. We also are lucky to have the wonderful Susan Howell helping assist, Heidi Kluever, Parent Volunteers, the Skyline High School Cheer Coaching Staff as well as High School Cheer Volunteers. We have exciting things in store for this year! I am always supportive of the community we live in, and I am here for your cheerleaders to help them achieve their goals, develop new skills, create friendships and to have the best season ever! I look forward to meeting each of you and having a positive year together. Below are important details for our upcoming season. Please note that times or details may change.

Uniform Fitting and Orders:

*Uniform sizing and pricing at the bottom

- Fitting and ordering is available in-person **Saturday June 4th, details to come** at Pine Lake Park and Ride Lot. Sample sizes will be available and sizing charts for measurements.
- All orders for all uniform pieces need to be placed by **June 15th** to arrive for our upcoming season.
- Last year we had a **NEW LOOK** with the change from black uniforms to a White and a Green Uniform! We will continue with these same pieces. We are asking that you provide Black Leggings, and we will be adding a new Zip-Up Hoodie Jacket. Our Hair Bow will be Green and White to go with both uniforms.
- Uniform Package will include Skirt, Shell, Long Sleeve Crop Top, Briefs, Socks, Shoes, Bow, Poms, Sweatshirt/Hoodie, Waterproof Jacket, Black Leggings, T-shirt, Pink Bow, Bag *All pieces are required at this time with exception of the Bag that is optional but encouraged and the Hoodie since that is for practices or under the jacket and not for cheering in. For future seasons, you can purchase individual items if you need sizing changes

- You can place your order in person on June 4th by filling out the order form and all payment will need to be received within 48 hours of your order

Cheer Info and Schedule Details:

Video: <https://youtu.be/QTjV83-d0hI>

- We the following roles filled: Volunteers, End-of Season Celebration, Snacks, Photography, Cheer Parent Night Out
- AUGUST: practices will fall on a Tues, Wed or Thurs between hours of 5:30-8:30pm, most likely 6:30-8:30. The schedule will come out in July. Expect August practices to be 2-3 days a week starting August 15th.
- Our Camp Day will fall on August 15th or 22nd
- We are planning a Cheer Youth Workshop and we will invite the Issaquah and Eastlake Youth programs to join us and is optional (summer date tbd) The other Youth Programs are excited to bring the girls together for a day! Tentative Dates July 30th or August 8th or 9th
- Seahawks Dancers will come attend an August practice to teach a Half-time
- SEPTEMBER to NOVEMBER: practices will be 1x a week plus gamedays
- routine
- Cheerleaders will have the opportunity to volunteer to co-captain their squad for a game and we will rotate to allow for peer leadership opportunity
- We will pair up with buddies for mentorship and teamwork
- Our goal is to have squads for each grade so that each grade will cheer for their age group football team
- Practices/Games will be important to attend and please plan now so your schedule is ready for football season! Please allow planning for the 1st 2 weeks of November for playoffs
- I am looking at an opportunity for a Fall-Winter Cheer Competition for our Youth age group. This would be a good opportunity for exposure to a competition and getting familiar with this experience. This would be optional and more information to come as we work with our HS Cheer Program and Head Coach

Spartans Youth Cheer Parent Positions:

- Each squad will **require** 2 parents to be signed up for each gameday
- Responsibilities include meeting the squad at the meeting point, warming squad up, helping set up on the field, helping assist during game and end of game tunnel and snack
- A sign-up will go out during the season

Cheer Season Expectations:

- Attend **all** practices, games, summer day camp and events *if missing a practice during the week you will not be able to be in the next upcoming game *please communicate any conflicts to syfacheer@gmail.com so we can work with you and your cheerleader
- If an emergency arrives, please contact via email syfacheer@gmail.com **and** text Hailey Chamberlain 425-445-2991 asap
- If you have a known conflict now on your calendar for August/Sept/Oct/Nov with another activity during the season and have questions about that conflict, please contact syfacheer@gmail.com a minimum of 2 weeks in advance.

- Arrive on time, and prepared, to all games and practices. Arrive ready to practice in attire that is communicated, hair back in ponytail with team bow, poms and ready to go.
- Be Practice Ready! After our first 5 minutes of practice, outside cheer conversation is off until a break or after practice! Let's be the best we can be!
- Phones need to be put away and will not be allowed once practice time has started and until practice has ended
- Have timely transportation to practices and games, arrive on time and ready to go
- Work to your potential always and come with a positive attitude and positive towards others
- Learn all the material and practice on your own times if any videos are provided.
- Behave and act appropriately (in and out of uniform).
- Work as a member of your team. We will have roles on the team to support, lead and cheer on one another! Be an active Cheer Friend
- We will work on Tumbling, Stunts and Jumps! Be ready and follow safety expectations.
- Respect your Cheer VP, Assistant Directors, Cheer Chairpersons, Cheer HS Skyline Cheerleaders always
- Be responsible for your uniform, cleaning, and management. Arrive at all games with the correct uniform and pieces or you will not be able to perform.
- Game Look: All required pieces must be work, hair needs to be ponytail or half up with bow, game face (we will talk about what this means)
- MOST Important: Have fun, grow friendships, develop skills in tumbling/stunts/jumps, reach your potential and let's Rock This Season!

Thank you for joining the Skyline Cheer Family! Let's do this!

-Sincerely,

SYFA VP of Cheer, Hailey Chamberlain

syfaceer@gmail.com

425-445-2991

Uniform Sizing:

*please take measurements. Many girls may fall into the Ladies sizing chart. Please measure, and do not go off clothing sizes as these are different. If you have a tape measure at home, you can get accurate sizing and maybe go up a half inch from what you measured. Shoes tended to run ½ to 1 size small for many so you could plan to order up a ½ or size.

| Girls | YXXS | YXS (4-5) | YS (6-6X) | YM (7-8) | YL (10-12) |
|-------|-----------------|-------------|-----------------|----------|-------------|
| Chest | 20-22 | 22 1/2 - 24 | 24 1/2 - 25 1/2 | 26 - 28 | 29 - 31 |
| Waist | 19 1/2 - 21 1/2 | 22 - 23 | 23 - 24 | 24 - 25 | 25 - 27 |
| Hip | 21-23 | 23-25 | 25 - 26 1/2 | 27 - 30 | 31 - 34 |
| Thigh | 12 - 13 | 13 - 14 1/2 | 14 1/2 - 15 1/2 | 16 - 17 | 17 1/2 - 19 |

| Ladies | XS (0-2) | S (4-6) | M (8-10) | L (12-14) | XL (16-18) | 2XL (20-22) | 3XL (24-26) |
|--------|-----------------|-------------|-----------------|-----------------|-------------|-----------------|-------------|
| Chest | 32-33 1/2 | 34-35 1/2 | 36-38 | 38 1/2 - 41 | 41 1/2 - 45 | 45 1/2 - 48 1/2 | 49 - 52 |
| Waist | 25 - 26 1/2 | 27 - 28 1/2 | 29 - 31 | 31 1/2 - 34 1/2 | 35 - 39 | 39 1/2 - 42 1/2 | 44 - 47 |
| Hip | 35 1/4 - 37 | 37 1/4 - 39 | 39 1/4 - 41 1/2 | 42 - 44 1/2 | 45 - 48 | 48 1/2 - 51 | 52 - 55 |
| Thigh | 19 1/2 - 20 1/2 | 21 - 22 | 22 1/4 - 23 1/2 | 24 - 25 | 25 1/2 - 28 | 28 1/2 - 30 1/2 | 31 - 33 |

Sample Looks (color may vary):



Pricing:

*All is required with exception of Bag/Hoodie, these are suggested

*For cold weather we will wear black leggings you need to provide and can wear hoodie/raincoat over

White Shell: \$60

White Skirt: \$40

Green Shell: \$45

Green Skirt: \$22

Sleeves Half-Top: \$22

Black Leggings: \$0 *you provide

Cheer Jacket – Waterproof: \$42

Zip-Up Cheer Hoodie: \$28

Briefs: \$12

Poms: \$34

Bow White/Green Glitter: \$10

Bow Pink Glitter: \$10

Socks: \$6 each

Shoes: \$38

Practice Shirt: \$20

Cheer Backpack with Name: \$38

Total Package: \$427

Without Hoodie and Bag:

Total: \$361