

# POMS CHEER

passion.optimism.motivation.spirit

www.pomscheer.com

Join **POMS CHEER CREEKSIDE** today! POMS is an after school enrichment program designed to teach all cheer fundamentals and encourages leadership and showmanship development and growth! POMS Squad will meet after school 1 day a week, 1 hour for 8 weeks sessions throughout the school year. Each POMS Squad has unique choreography for their age group and skill level. POMS program will include:

- \*Squads offered for grades **K-1, 2-3, 4-5**
- \*Chance to earn **POMS certificate status**
- \*Full chants and cheer routines
- \*Dance choreography
- \*Stunt basics and tumbling technique based on age level
- \*Performance tips, cheer etiquette and tryout skills
- \*Leadership and community development
- \*Includes a set of poms, t-shirt and **POMS certificate**
- \*End of session performance and **POMS Level Certification**

**REGISTER TODAY! BEGINS OCTOBER 25th, TH or FR 3:45-4:45**

**All POMS Squads will receive their own set of poms, cheer shirt and bow to keep!**

Register Today! Reserve your spot and pay online at [www.nmscheer.com](http://www.nmscheer.com)



# POMS CHEER

Thank you for registering with POMS CHEER for the upcoming Fall session beginning October 25<sup>th</sup>. Squads will practice on Thurs (K-2) and Fridays (3-5) from 3:45pm-4:45pm in the OT Room on the lower level at Creekside Elementary. All POMS cheerleaders will receive a cheer shirt, poms, and hair bow to keep and will have a chance to earn POMS Level Certificates. Please review the website for general information and details. POMS cheerleaders will wear black shorts with athletic shoes/socks and all else will be provided. Class will end at 4:45pm and pick up is anytime by 5pm up top in front of the entrance. This 8 week session will end the week of December 14<sup>th</sup> with a POMS performance. Please email with any questions. POMS is looking forward to having you!

Welcome to POMS  
CHEER!

**POMS Squads  
begin October 25<sup>th</sup>  
Thurs or Fridays**

**8 weeks of POMS  
spirit 10/25/18-  
12/14/18**

**Earn your own  
POMS Level  
Certification**

**Please email with  
your POMS Cheer  
Shirt size request  
(girls xs, s, m, l)**

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motivation.spirit**

**POMS CHEER**

Thank you for joining POMS!

[www.pomscheer.com](http://www.pomscheer.com)

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