

POMS CHEER

passion.optimism.motivation.spirit

www.pomscheer.com

Join **POMS CHEER** today! POMS is an after school enrichment program designed by a professional cheerleader to teach all cheer fundamentals and encourages leadership and showmanship development and growth! POMS Squad will meet after school 1 day a week for 8 week sessions throughout the school year for Fall, Winter and Spring. Check out www.pomscheer.com for more details, days and times, tuition, POMS gear and info. Each POMS Squad has unique choreography for their age group and skill level. POMS program will include:

- *Squads offered for grades K-2 and 3-5 grades
- *Chance to earn POMS certificate status
- *Full chants and cheer routines
- *Dance choreography
- *Stunt and tumbling technique based on age level
- *Performance tips, cheer etiquette and tryout skills
- *Leadership and community development and performances
- *Includes POMS shirt, skirt, bow, poms and POMS certificate
- *End of session performance and awards

Fall Session is FULL, sign up today for POMS Winter Squads!

Register Today! Reserve your spot and pay online at www.pomscheer.com

